



AMAN LE MÉLÉZIN REOPENS FOR THE WINTER SEASON (10 December 2021 - 10 April 2022)

October 2021 - Located directly on the Bellecôte piste and offering unimpeded access to over 600 kilometres of pristine ski slopes and cross-country tracks, Aman Le Mélézin is an iconic Alpine retreat in Courchevel 1850. Designed to refresh and reenergise amid snow-dusted pine forests and crisp blue skies, the hotel is a refined sanctuary inspired by the timeless serenity of the surrounding mountains. **Open from 10 December until 10 April**, Aman Le Mélézin is poised to welcome guests for the new season, adapted in practice and taking all appropriate steps in line with current guidelines, but unchanged in spirit.

The hotel is dedicated to ensuring its guests get the most out of the winter months. Aided by a team of experienced **Ski Butlers** who transport ski equipment from the heated racks in the state-of-the-art ski room to the piste, winter sports at the hotel are performed with effortless ease. Ideally located within Les Trois Vallées, guests of all ages are able to enjoy private lessons or can join Courchevel's revered ski school. For those desiring access to the mountain's most isolated and tranquil spots, the hotel's concierge team delight in directing guests to remote backcountry terrain, devoid of crowds.

This winter, Aman Le Mélézin has introduced an exclusive **First Tracks** experience, which takes guests to the highest point within the valley (2,740m above sea level), where views of Mont Blanc and La Grande Casse await. Supervised by an experienced instructor, guests can embark on a breathtaking solo glide down 'La Combe de la Saulire' a legendary ski run where fresh snow is sheltered year-round, enabling an unspoiled descent down the mountainside. On return to Aman Le Mélézin, a sumptuous breakfast will be prepared to refuel.

Aman Le Mélézin also offers plenty of other ways to experience the fairytale snowscape it inhabits - both active and more sedentary - as well as cultural, culinary and wellness pursuits both indoors and out. New this season, Aman Le Mélézin will offer guests the opportunity to glide effortlessly across alpine terrain and along tranquil forest glades on a **Moonbike**; an ultra-light electric snow bike. Further activities include self-piloted dog sledding, half- or full-day guided snowshoeing or trekking expeditions into rarely visited areas with expert guides, as well as tobogganing through the surrounding forest, day and night sledging and ice-skating. For an aerial view of the region, guests can now enjoy several **new scenic helicopter tours** over Les Trois Vallées, the Haute-Tarentaise Mountain Range or around Mont Blanc. Alternatively, a glide in a hot-air balloon at sunrise offers panoramic views of the snow-carpeted surrounds.

From **10 until 16 December**, and to celebrate the reopening of the hotel, Aman Le Mélézin has also introduced a new five-night stay, **The Call of Courchevel**. With an array of inclusions to ensure a stay is both memorable and relaxing, this exclusive package includes daily breakfast and a daily a la carte lunch or dinner served at Aman Le Mélézin or in a choice of five other local restaurants. Guests will also have access to shuttle services within Courchevel 1850 and can enjoy early check-in and late check-out and an upgrade on arrival (subject to availability). Catering to both snow sports enthusiasts as well as non-skiers, the offer includes the option to choose between a daily private ski instructor with a ski lift pass for Les Trois Vallées or use of the hotel's extensive wellness facilities with a daily morning 30-minute yoga session, a 50-minute holistic massage and a 30-minute spa treatment.

Further catering to winter sports enthusiasts as well as to those simply wanting to experience the magical wonderland that encompasses Aman Le Mélézin, the hotel has launched a new **Ski or Spa Escape** this season. The five-night stay is available from **9 January until 11 February**. As part of this exclusive offer, guests can take advantage of the hotel's ski-in and ski-out facilities and explore the extensive pistes of Les Trois Vallées with lift passes taken care of prior to arrival. Alternatively, for those wishing to enjoy their stay off the slopes, the expansive Aman Spa offers daily 30-minute yoga sessions at 9am followed by a 50-minute morning holistic massage and a 30-minute spa treatment. Both options include daily breakfast and a daily a la carte lunch or dinner served at Aman Le Mélézin or in a choice of five other local restaurants, as well as shuttle services within Courchevel 1850.

To celebrate the end of the winter season and for those wishing to enjoy the slopes beneath a warm spring sun, Aman Le Mélézin will also offer a new **Springtime Sojourn** from **27 March until 9 April**. The five-night stay allows guests to choose whether to enjoy a lift pass with access to the entire Les Trois Vallées region with ski rental or a daily 30-minute yoga session at 9am followed by a 50-minute morning holistic massage and a 30-minute spa treatment in the Aman Spa. Both options include full board, with lunch or dinner available at Aman Le Mélézin or in a choice of five other local restaurants, as well as shuttle services within Courchevel 1850.

Aman Le Mélézin itself is as much of an attraction as the scenery providing its exquisite backdrop. The spacious 31 Chambres and Suites offer floor-to-ceiling windows with views of the mountains, forest or piste and feature luxurious oak paneling and exquisite French furniture. Many have their own private balconies, and several include an outdoor hot tub. When off the slopes, further opportunities to relax can be found in the property's **767sq-m holistic Aman Spa**, an oasis of tranquility and rejuvenation. Comprising two entire floors of the property, the spa features five spacious treatment rooms including two double suites and one signature Thai massage suite, while a traditional Turkish hammam is perfect for soothing hot stone massages and energising Himalayan salt scrub experiences. The expansive yoga studio includes TRX equipment and is complemented by a fitness studio, a relaxation lounge and extensive hydrotherapy areas, including a 14-metre indoor lap pool, experiential showers, a cold plunge pool and a wooden sauna.

The spa menu is extensive and has been carefully curated to allow guests to unwind. This winter, Aman Le Mélézin will offer a new spa package, **Alpine Holistic Renewal**, that includes three 110-minute treatments, each tailored to provide nourishing heat and moisture following exposure to the wind and cold. The first treatment, **Release**, incorporates a dry massage using Thai techniques to release tension and relax stiff muscles and joints. The second treatment, **Rebalance**, utilizes a body wrap and a light lymphatic drainage massage to remove excess water and impurities from the body. The third treatment, **Renew**, includes a gentle dry body brush, an uplifting back massage and a hydrating facial boost to leave guests feeling refreshed and rejuvenated.

Aman Le Mélézin will also welcome **two visiting spa practitioners** this winter. Andreas Anell, a Physiotherapist from Sweden, will visit the hotel from **18 December until 8 January**. With a career spanning over fifteen-years, Andreas has an expert understanding of ergonomics, and can offer health coaching, as well as highly technical treatments to help resolve sports injuries and provide muscular pain relief. Julian Sebastian, a Massage Therapist from Spain, will visit the hotel from **12 February until 12 March**. Julian has spent many years working for several leading hotels, offering guests a variety of complex massages. He has a diploma in sports injury rehabilitation therapies and is a qualified Kobido and Guasha practitioner.

Guests of Aman Le Mélézin are warmly welcomed to Nama, the hotel's exceptional Japanese restaurant. Open for breakfast, lunch and dinner, Nama serves authentic cuisine including sushi, sashimi and signature dishes such as succulent wagyu beef and otoro tuna. The menu also features a range of warming ramen dishes, each made with a hearty shoyu (soy sauce), shio (salt) or miso (soybean) base. This winter, Aman Le Mélézin will offer a **Japanese teatime experience and Matcha tea ceremony** every afternoon, where guests will be invited to discover a wide variety of tea, whilst sampling delectable Japanese pastries.

Website: www.amanlemelezin.com

Images: <https://amanresorts.picturepark.com/Go/URGXdNqx>

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ABOUT AMAN

Aman was founded in 1988 with the vision of building a collection of intimate retreats with the unassuming, warm hospitality of a gracious private home. The first, Amanpuri (place of peace) in Phuket, Thailand, introduced the concept and, since then, Aman has grown to encompass 33 exquisitely serene hotels and resorts in 20 destinations across the world. A further eight properties are under construction, with the next to open in New York (2021). In such spectacular settings, Aman has honed its offering with its transformative influence on mind, body and spirit through harmoniously designed environments transporting guests out of their everyday lives. Twelve properties also offer private branded Residences: sanctuaries that go beyond commonplace notions of luxury allowing a select few to make the Aman way of life a permanent reality.

In recent years, Aman has grown to offer its coveted lifestyle beyond the parameters of its havens. In 2018, the introduction of Aman Skincare continued the brand's holistic influence, offering beautiful, scented formulas using powerful all-natural

ingredients and inspired by Aman Spas. The introduction of Sva - a range of supplements designed to help maintain optimum health - and Aman Fine Fragrance in 2020 continued this journey, bringing Aman into the comfort of home. This sentiment was echoed in 2021, with the arrival of a new retail collection, The Essentials by Aman, comprising timeless ready-to-wear pieces that answer the needs of every Aman guest.

With innovation a cornerstone of the brand's philosophy, in 2020, Aman welcomed a new hotel brand, Janu - meaning 'soul' in Sanskrit. Janu offers a unique take on hospitality where genuine human interaction, playful expression and social wellness are at the core of the experience. Janu aims to bring balance to the head and heart and rekindle the soul. Three forthcoming Janu hotels are already under construction: Montenegro (2022), Al Ula in Saudi Arabia (2023) and Tokyo (2023). Janu Montenegro will be the first hotel to incorporate the serviced Residences concept, enabling guests to wholly embrace the Janu's spirit.

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